

APRIL 2020

# NEWSLETTER



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## MESSAGE FROM THE CO-PRESIDENTS

Hello MOMs,

This has been a very difficult time for all of us while we navigate how to cope with the effects of COVID-19, and the changes and challenges that came along with it. One thing is for certain; we will continue to show our resiliency and strength through our conduct and activities. Per proclamation by the Mayor of Oakwood, we now have an Oakwood Neighborly Salute that takes place every evening at 6 PM. We encourage all families to participate!

Let's continue to uplift and help one another through the uncertainty. Together, we will get through this!

Stay safe and #stayhome,

*Raya Mafazy Whalen & Brittany Bartone*  
Co-Presidents, MOMs of Oakwood



## Gotcha' Fooled! *April Fools Tacos*

Here's a fun breakfast idea to try, courtesy of [Fork & Beans](#).

- 2 flatout wraps
- 1/2 c. cooked quinoa
- 1/4 c. dairy free chocolate chips
- 2 Tbsp. all natural peanut butter (or seed butter)
- 5 strawberries, cubed
- 1/4 c. jicama, cubed
- 2 Tbsp. fresh basil, chopped
- 1/4 c. shredded coconut, divided
- all natural yellow food coloring
- 2 Tbsp. basil, chopped
- Dairy free cool whip topping
- 8 black jelly beans, sliced in half

**[Click the image for the full recipe!]**



## Nominate Co-Presidents!

As many of you already know, Governor DeWine has extended the Stay-at-Home order through May 1st. It is with sadness that we inform you that all MOMs events in April are cancelled. We hope that we can go back to "normal" in May and host at least one MOMs event to close out the year.

In the meantime, we must think about the future and prepare for a new year of MOMs. We are now seeking nominations for next year's co-presidents. We have thoroughly enjoyed the opportunity to lead this amazing and rapidly growing group for this past year and are searching for two MOMs to take over the reigns this summer to lead us into the 2020-2021 season. Think you might be interested in the role or know someone who would be perfect for it? Please email [oakwoodmomsresident@gmail.com](mailto:oakwoodmomsresident@gmail.com) to nominate yourself or someone for co-president.

We will be accepting all nominations until Friday, April 17th. If you have any questions at all, please don't hesitate to reach out to us. We're happy to answer any questions you may have, and are excited to help find the next leaders of this wonderful group!

## A Special THANK YOU to our Sponsors



*During this time of difficulty globally, we would like to extend a special THANK YOU to all of the individuals and businesses who have supported the MOMs of Oakwood group.*

*We will continue to support you, our local businesses, through this time, just as you have supported us through the years.*

*From the bottom of our hearts, THANK YOU!!!*

While many of us are home with the kiddos during the COVID-19 Pandemic, we've been expressing creativity in lots of ways to show community support and maintain engagement from our children. Here are some pictures of MOMs who participated in decorating their doors as an activity!

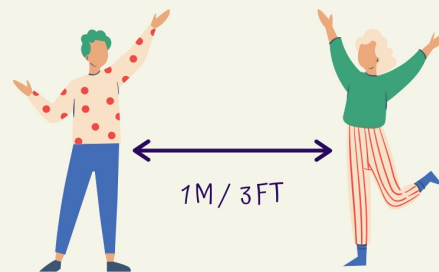


## STOP THE SPREAD



### WASH YOUR HANDS FREQUENTLY

Regularly and thoroughly clean your hands with an alcohol-based hand rub or wash them with soap and water.



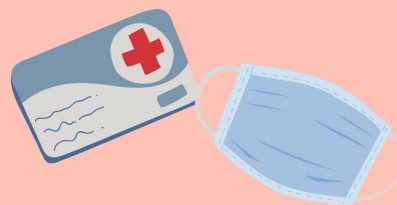
### MAINTAIN PHYSICAL DISTANCING

Maintain at least 1 metre (3 feet) distance between yourself and anyone who is coughing or sneezing.



### AVOID TOUCHING EYES, NOSE AND MOUTH

Hands touch many surfaces and can pick up viruses. Once contaminated, hands can transfer the virus to your eyes, nose or mouth.



### IF YOU HAVE A FEVER, COUGH AND DIFFICULTY BREATHING, SEEK MEDICAL CARE EARLY

Stay home if you feel unwell. If you have a fever, cough and difficulty breathing, seek medical attention and call in advance.